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Summary of International Day of Yoga – 2022 celebration

The Adichunchangiri University organised the celebration of 8th International Day of Yoga on 21st June 2022, under the guidance of Paramapoojya Jagadguru Sri Sri Sri Dr Nirmalanandanatha Mahaswamiji at BGS Stadium. All the six constituent colleges of ACU participated in the mass Yoga performance event, through their students and staff.

The program was attended by all the administrators of ACU and its constituent colleges and its faculty members. The welcome address was delivered by Dr M.G Shivaramu, Principal, AIMS, and key note by Dr C K Subbaraya, Registrar of ACU.

The demonstration session was guided by Dr Ravindra Kumar, Yoga expert who along with other trained yoga instructors, who successfully coordinated the mass event followed by briefing on history of yoga, its principles and benefits.

The program concluded with Vote of thanks proposed by Dr. B. K. Narendra, Principal, BGS Institute of Technology, followed by refreshment for all the participants at BGSIT, food court.

Professor and Head