

Adichunchanagiri University Adichunchanagiri Institute of Medical Sciences







Report of "Basic Care and Life Support" organized by Skill and Simulation Centre in association with RGUHS affiliated Jeeva Raksha Trust 17th - 19th January 2023

A three-day BCLS workshop and TOT program for faculty from various department was organized by Skill and Simulation Centre in association with RGUHS affiliated Jeeva Raksha Trust from 17th to 19th January 2023. Expert resource faculty from Jeeva Raksha Trust were facilitators for the sessions.

Objectives of the workshop and TOT

- To recognize the common medical emergencies
- To administer the cardiac resuscitation, including safe use of defibrillator.
- To learn proper technique to save a patient with an obstructive airway (choking) in all age groups

Thirty-five faculty from various departments participated and benefited from the hands-on training. Faculty members are certified instructors for BCLS workshops.



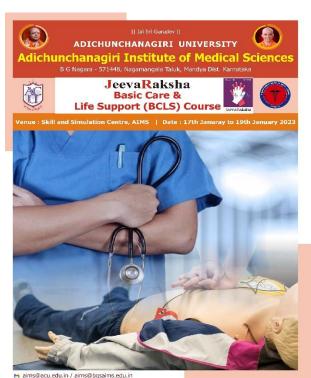


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		P	ROGRAM SCHEDULE	
	Agenda			
Day 1 17.01.2023 Theory	10.00	30	Pre-Test and Registration	Nagendra
	10:30	10	Introduction and Ground Rules	Asha
	10:40	30	Common Emergencies	Dr.Gokul
	11:10	20	Scene Safety & Primary Assessment	Sathyaraj
	11:30	10	Break	
	11:40	45	Cardiac Arrest & CPR, AED	Gincy
	12:25	20	Choking	Nagendra
	12:45	15	Feedback and Concluding	Asha
Day 2 18.01.2023 Practical	10:00	10	Introduction	Gincy
	10:10	20	Demonstration of Cardiac Arrest Scenario	Sumanth and Team
	10:30	45	Practical Session-Tourniquet	All Faculty
	11:15	45	Practical Session-Chocking	All Faculty
	12:00	90	Practical Session-CPR and AED	All Faculty
	13:30	30	Lunch Break	
	14:00	90	Post Test & Practical- Exam	All Faculty
	15:30	30	Feedback & Concluding	All Faculty
Day 3 19.01.2023 ToT	10:00	15	Introduction to BCLS ToT Modules	Gincy
	10:15	20	Adult Learning Principles: ToT session	Rekha
	10:35	30	Creating a Positive Training Climate: ToT session	Sathyaraj
	11:05	20	Communication Skills. ToT Session	Gincy
	11:35	30	Facilitation to assist in Learning: ToT session	Yogesh
	12:05	30	Training Methodologies: ToT session	Divyashree
	12:35	30	IMPACT Stations: Principles	Yogesh
	13:05	30	Next Steps: Becoming a Trainer / Rolling out BCLS	Sathyaraj
	13.35	30	Lunch Break	
	14:05	90	Micro Teaching by Candidates	All Faculty
	15:35	15	Course Evaluation and Feedback	
	15:50	10	Tea and Group Photo	

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