

Adichunchanagiri Institute of Medical Sciences

B.G.Nagara 571448

Dept. of Biochemistry

An Extension activity for High school children

“Awareness of Diabetes mellitus and its prevention”

9th July 2018

Summary

Dept. of Biochemistry organized an extension activity for high school children of Sri Bhakthanatha High School (9th std.) on the topic *“Awareness of Diabetes mellitus and its prevention”* on 9th July 2018 between 10.30am to 1pm

Dr. Asharani N, Associate professor was the moderator of the Programme.

Dr. MG Shivaramu, Principal, AIMS, Mrs. **Jayashree** and Mr. Harish, teachers of Sri Bhakthanatha High School were the invited guests.

Welcome address was rendered by Dr. Aliya Nusrath, Prof & Head, Dept. of Biochemistry.

The Programme was inaugurated by ceremonial watering of Tulsi plant by dignitaries, two of the school children and the teaching faculty of the department.

Principal addressed the young students with a motivational talk.

Questionnaire was distributed to the students to check the knowledge regarding the topic. The questions were explained in Kannada by Dr. Shilpashree Y D.

The academic Programme was conducted in 3 sessions. In first session, Dr. Rajeshwari A, Associate professor delivered an informational talk on the topic *“Causes and symptoms of Diabetes mellitus”*

In the 2nd session, a role play was done by 7th term MBBS students on *“awareness of Diabetes mellitus”*, which was thoroughly enjoyed by the students.

In session 3rd Dr. Namitha Asst. Professor gave a motivational talk on *“Prevention of diabetes”* with lot of interactions with the students.

Both the lectures were well appreciated by everybody, school children thoroughly enjoyed the entire Programme.

Once again questionnaire were distributed to know, how much they have understood and it was collected back.

Finally vote of thanks was rendered by Dr. Shilpashree Y D, Asst. Professor.

The school children were distributed with sweets and Banana.

