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ADICHUNCHANAGIRI UNIVERSITY
FACULTY OF MEDICAL & ALLIED HEALTH SCIENCES
ADICHUNCHANAGIRI INSTITUTE OF MEDICAL SCIENCES
INTERNAL QUALITY ASSURANCE CELL- AIMS

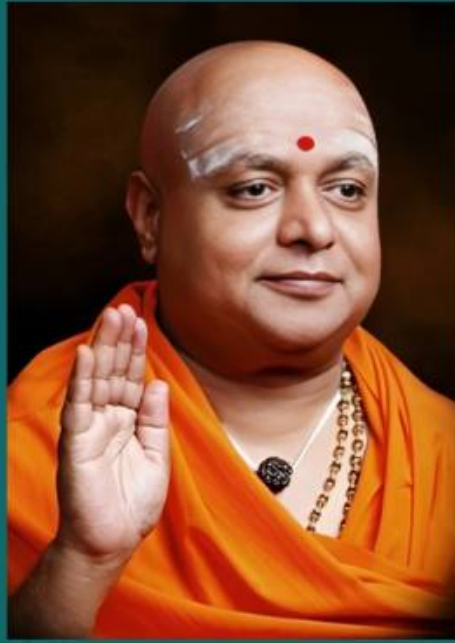


AIMS NEWSLETTER

JUNE 2026

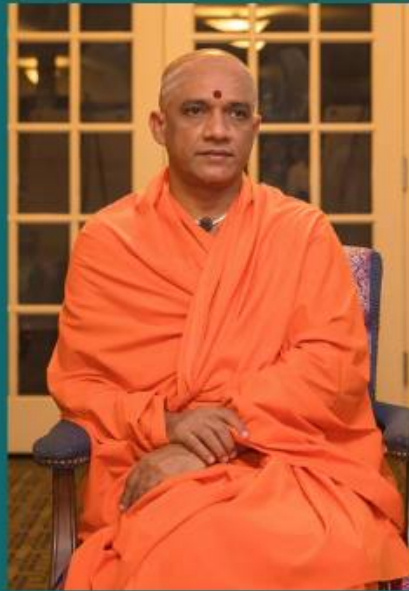
DARPAN

"In every discovery, every achievement, every act of service, and every victory, DARPAN reflects the collective excellence of our medical fraternity."



**PARAMAPOOJYA JAGADGURU PADMABHUSHANA PURASKRUTHA
SRI SRI SRI DR. BALAGANGADHARANATHA MAHASWAMIJI
71st PONTIFF, SRI ADICHUNCHANAGIRI MAHASAMSTHANA MATH**

**"LIVE LIKE A BUTTERFLY...
TAKE THE BEST WITHOUT DESTROYING OR HURTING ANYBODY
BUT GIVING PLEASURE TO EVERYONE"**



**HIS HOLINESS JAGADGURU
SRI SRI SRI DR. NIRMALANANDANATHA MAHASWAMIJI
72nd PONTIFF, SRI ADICHUNCHANAGIRI MAHASAMSTHANA MATH
HONORABLE CHANCELLOR, ADICHUNCHANAGIRI UNIVERSITY**

"TO BE A GREAT MEDICAL PRACTITIONER, BE A GOOD LISTENER"

MESSAGE FROM DEAN

Adichunchanagiri Institute of Medical Sciences (AIMS), a constituent unit of Adichunchanagiri University, stands as a premier centre of excellence dedicated to shaping skilled, ethical, and compassionate healthcare professionals through quality medical education, impactful research, and exemplary patient care. Approved by the National Medical Commission and affiliated with Adichunchanagiri University (accredited NAAC A+), the institute fosters a dynamic learning ecosystem backed by world-class infrastructure — spanning modern classrooms, well-equipped laboratories, a Research and Development Centre, a Skill Simulation Centre, an extensive Learning Resource Centre, an Anatomy Museum, and a spacious air-conditioned auditorium. These academic facilities are complemented by robust residential, dining, banking, and recreational amenities, creating a nurturing environment for the all-round growth of its students.



DR. M G SHIVARAMU

Principal, AIMS
Dean, Faculty of Medical &
Allied Health Sciences, ACU

FROM EDITORS DESK



DR. ALIYA NUSRATH

Vice Principal
AIMS, ACU

It gives me great pleasure to present Newsletter DARPAN, the June 2026 Edition. The achievements and activities highlighted in this edition reflect the dedication, compassion, and community spirit that define AIMS. This month was marked by impactful observances and outreach initiatives, including World Environment Day, World Blood Donor Day, and World Food Safety Day, alongside informative guest lectures and effective examination preparation strategies. The institution also witnessed meaningful engagement through the Internship Orientation Programme for our newly graduating batch, the Pulse Polio Programme reaffirming our commitment to public health, and a series of Yoga-related activities & poster competitions promoting wellness & awareness among students & staff.

I am equally proud of our students' achievements beyond academics, particularly in dance and other co-curricular pursuits, alongside our faculty's continued excellence in their respective fields.

I sincerely thank our faculty, students, and staff for their dedication in upholding AIMS' legacy of excellence in medical education, research, and community engagement. May these accomplishments continue to inspire service to society.

WORLD ENVIRONMENT DAY 2026



Tree Plantation Drive

On 5th June 2026, the Department of Community Medicine and AIMS NSS Units 1 & 2 organized Tree Plantation Drives at Nelligere Circle and the AIMS Campus, B.G. Nagara, in collaboration with the Range Forest Office, Nagamangala, and the Taluk Legal Services Committee. The programme, blessed by Pujya Sri Sri Satkeerthinatha Swamiji, saw active participation from officials, faculty, students, NSS volunteers, and forest staff. Saplings were planted to promote environmental conservation and sustainable living.



GUEST LECTURE ON INTELLECTUAL PROPERTY RIGHTS AND INNOVATION



Experts highlight the importance of Intellectual Property Rights in research, innovation, and healthcare advancement.

The ACU-Learning Resource Centre, with IQAC-AIMS, the Scientific Committee, AIMS, and LIS Academy, Bengaluru, organized a Guest Lecture on "Intellectual Property: Protecting Innovation for Future India" on 4th June 2026 at AIMS. Dr. Aliya Nusrath, Vice Principal, AIMS, and Dr. Vasanth Kumar, chief Librarian inaugurated the program, and Dr. Sivakumar Gopal, Senior Principal Scientist, CSIR-NAL, Bengaluru, delivered the lecture on IPR and innovation. Over 100 faculty members and postgraduate students attended the event.

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BLOOD DONATION CAMP PROMOTES LIFESAVING SERVICE



AIMS Youth Red Cross organized a Blood Donation Camp on 15th June 2026 at BGS Institute of Nursing Sciences in observance of World Blood Donor Day. The programme was attended by Dr. Nandini S. Raj, Dr. Prabhashree C., Mr. Sharath S., and Mrs. Soundarya. The camp aimed to promote voluntary blood donation and create awareness about its importance. Nursing students, faculty, and staff participated actively, with 26 voluntary donors donating blood. Youth Red Cross volunteers assisted in organizing the camp.

Saving Lives Through Blood Donation



ORIENTATION ON NMC INTERNSHIP GUIDELINES AND CLINICAL PRACTICE



Preparing MBBS 2021 Batch Students for CRMI Training and Clinical Practice

The Medical Education Unit (MEU), AIMS, conducted an Internship Orientation Programme for MBBS 2021 Batch students on 02nd June 2026 at the BGS Global Broadcasting Centre. The programme oriented interns on CRMI objectives, duties, NMC guidelines, infection control, specimen collection, biomedical waste management, and post-exposure prophylaxis. Sessions were led by institutional leaders and faculty members, providing practical guidance to prepare interns for professional, ethical, and effective patient care.



Bellur, Karnataka

A PROUD MOMENT FOR AIMS & ACU



Dr. Aliya Nusrath Honoured as Chief Guest at EPIGNOSIS-9

The AIMS and Adichunchanagiri University (ACU) congratulates Dr. Aliya Nusrath, Vice Principal, AIMS and Professor & Head, Department of Biochemistry, on being invited as the Chief Guest for EPIGNOSIS-9(2026), the State-Level Biochemistry Quiz Competition at SDM College of Medical Sciences & Hospital, Dharwad on 20th June 2026. She shared the dais with Dr. Niranjana Kumar, Hon'ble Vice Chancellor, SDM University, and Shri V. Jeevandhar Kumar, Pro Vice Chancellor. AIMS and ACU take pride in this recognition of her academic leadership and contributions to medical education and Biochemistry.

GUEST LECTURE ON CONTEMPORARY APPROACHES TO HYPERTENSION CARE



Updates in Hypertension

Management: Guest Lecture Series

Department of General Medicine, AIMS, organized a Guest Lecture on 24th June 2026 at the BGS Global Broadcasting Centre, AIMS, to commemorate World Hypertension Day. The programme was attended by around 170 faculty members, postgraduate students, house surgeons, and MBBS students. Dr. K. Subramanyam, SJICR, Bengaluru, delivered a lecture on the latest guidelines in hypertension management, while Dr. Satish Karur, SJICR, spoke on resistant hypertension. The event provided valuable updates on evidence-based hypertension care and fostered academic collaboration between the Departments of General Medicine and Cardiology.

BIOMERIEUX GUEST LECTURE ON MIC AND ANTIMICROBIAL STEWARDSHIP



Advancing Antimicrobial Therapy through MIC and Diagnostic Stewardship

The Department of Microbiology, AIMS, conducted an Academia-Industry Collaborative Guest Lecture in association with BioMérieux on 16th June 2026 at the BGS Global Broadcasting Centre, AIMS. Attended by faculty, postgraduate students, Phase II MBBS students, and B.Sc. Allied Health Sciences students, the session highlighted the clinical significance of Minimum Inhibitory Concentration (MIC) in antimicrobial therapy and emphasized the role of rapid diagnostics, diagnostic stewardship, and antimicrobial stewardship in enhancing patient care and outcomes.

WORLD FOOD SAFETY DAY 2026 - FOOD SAFETY AWARENESS AND HEALTH SCREENING CAMP



Awareness Programme on Food Safety, Nutrition, and Preventive Healthcare at FAP Village, Kuchahalli

The Department of Biochemistry, AIMS, in association with the Department of Community Medicine, observed World Food Safety Day 2026 on 23rd June 2026 at FAP Village, Kuchahalli. Awareness sessions on food safety, hygiene, and nutrition were emphasized by Dr. Aliya Nusrath and Dr. Namitha. Phase I MBBS students demonstrated hand washing and performed a role play on junk food awareness. A free health screening camp was also organized. The programme effectively promoted food safety, healthy nutrition, and preventive healthcare among villagers.

GUEST LECTURE ON YOGA AND HOLISTIC WELL-BEING *Darpan*



The Department of Physiology, in association with the Indian Medical Association (IMA), Mandya Chapter, organized a guest lecture on "Stretch Your Limit and Strengthen Your Body and

Mind by Yoga" on 19th June 2026 at AIMS. Attended by 264 participants, the session featured Dr. Veena H. C. from Hassan Institute of Medical Sciences, who highlighted the benefits and practice of yoga. The program concluded with a vote of thanks by Dr. Bhagyashree N.

FROM STRESS TO STRENGTH: POSTER COMPETITION 2026

The Department of Physiology, in association with the IMA Mandya Chapter, organized a Poster Competition on 18th June 2026 for 70 first-year MBBS students at AIMS. Centered on the theme "From Stress to Strength: The Transformative Power of Yoga," the event highlighted yoga's role in stress management.

Twelve teams participated, and their presentations were evaluated by Dr. Namitha and Dr. Anand K. S. S., who appreciated the students' creativity and scientific insights.



INTERNATIONAL DAY OF YOGA 2026: PRACTICE AND WELLNESS SESSIONS

The Department of Physiology, in association with the Indian Medical Association (IMA), Mandya Chapter, conducted Yoga Practice Sessions from 12th to 20th June 2026 for 250 first-year MBBS students at AIMS.



Led by Mr. Kishore B., Yoga Teacher, FDA IQAC, the sessions focused on yoga postures and breathing techniques during the International Day of Yoga celebrations. Students actively participated and provided positive feedback.

WORLD VITILIGO DAY MARKED WITH AWARENESS AND STUDENT COMPETITIONS



The Department of Dermatology, AIMS, B.G. Nagara, observed World Vitiligo Day on 25th June 2026 with the theme "From Stigma to Strength." Poster-making and quiz competitions were held for students and interns. Ms. Nandana Narendran secured first place in the poster competition, while Mr. Faiz Sufian and Mr. Ahmed Adnan shared second place. A public awareness campaign and patient education activities were also conducted to promote understanding of vitiligo and reduce stigma.

GOOD CLINICAL PRACTICE WORKSHOP TO ENHANCES RESEARCH SKILLS



NMC-Mandated Training on Good Clinical Practice and Clinical Research Ethics for Postgraduate Students.

The Department of Pharmacology, in association with the Institutional Ethics Committee (IEC), AIMS, organized a workshop on "An Overview of Good Clinical Practice" on 25th June 2026 for 90 postgraduate students. Sessions by faculty from Pharmacology, Community Medicine, and Physiology covered research ethics, IEC functioning, protocol writing, clinical trials, and regulatory requirements. The workshop was inaugurated by Dr. Aliya Nusrath, Vice Principal and Professor & HOD, Department of Biochemistry.

COMMUNITY OUTREACH THROUGH PULSE POLIO IMMUNIZATION



Strengthening India's Polio-Free Future

The Department of Community Medicine, AIMS, and AIMS NSS Units 1 & 2 participated in the National Pulse Polio Immunization Programme on 28th June 2026 in collaboration with CHC Bellur. The programme was inaugurated at CHC Bellur in the presence of ARS Members, Dr. Raghavendra S. K. and Dr. Lakshmikanth N. Faculty, postgraduate students, interns, NSS volunteers, and healthcare staff assisted in OPV administration and awareness activities, reinforcing community participation in sustaining India's polio-free status.

GUEST LECTURE ON ANATOMY EXAM PREPARATION



Enhancing Anatomy Learning and Examination Readiness

On 17th June 2026, the Department of Anatomy organized a guest lecture, "Dissection Hall to Distinction: A Guide to Effective Anatomy Exam Preparation," for first-year MBBS students. The session by Dr. Pushpalatha K focused on effective study strategies, revision techniques, and preparation for theory, practical, spotter, and viva examinations. Attended by around 265 participants, the interactive programme helped students enhance their anatomy learning and examination readiness.

AMBKCCON 2026 - STATE-LEVEL CONFERENCE PARTICIPATION



"Leadership and Academic Engagement at AMBKCCON 2026"

Dr. Aliya Nusrath, Professor & Head, Department of Biochemistry and Vice Principal, AIMS, attended the 11th State-Level Conference of the Association of Medical Biochemists, Karnataka Chapter (AMBKCCON 2026) on 26 June 2026 at Vydehi Institute of Medical Sciences and Research Centre, Bengaluru. As Secretary of AMBKC, she participated in the inaugural ceremony and moderated the Executive Committee and General Body Meetings, contributing to the Association's key proceedings.

ORTHOPAEDIC CASE-BASED LEARNING SESSION AT MOC-2026



Prof. Dr. Mahesh D.V., Professor and Head, Department of Orthopaedics, AIMS, B.G. Nagara, served as a resource faculty at the 11th Mysore Orthopaedic Course (MOC)-2026 held at JSS Medical College & Hospital, Mysuru, on 14th June 2026.

He conducted case-based discussions on clinical examination, diagnosis, and evidence-based management of orthopaedic conditions, helping postgraduate trainees and orthopaedic surgeons enhance their clinical reasoning and decision-making skills.



GUEST LECTURE ON LIVER TRANSPLANTATION AND ANAESTHETIC MANAGEMENT



The Department of Anaesthesiology, AIMS, organized a guest lecture on "Liver Transplant and Anaesthesia" on 20th June 2026 in association with the Indian Society of Anaesthesiology, Mandya.

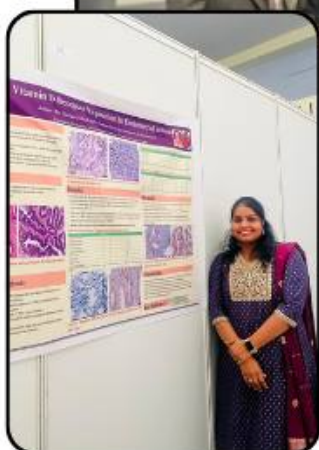


The programme featured expert talks by Dr. Vidhyadhar Metri, KIMS Bengaluru, and Dr. Chaitra, AIMS, on anaesthetic management in liver transplantation. The session was attended by 90 faculty members and postgraduate students from various departments.

BEST POSTER AWARD FOR PATHOLOGY POSTGRADUATE AT INTERNATIONAL CONFERENCE



The Department of Pathology, AIMS, congratulates its postgraduate students for presenting research posters at an international conference held on 22-23rd June 2026. Dr. Veena Dharmayat received the Best Poster Award for her gastric carcinoma research, conducted under the guidance of Dr. Amita K. with ICMR financial support.



SECOND PRIZE IN GROUP CLASSICAL DANCE - TATVAM 2026



The institution congratulates AIMS students for winning Second Prize in Group Classical Dance at TATVAM 2026, the cultural fest held at JSS Medical College from 4-9 June 2026. The 1st and 3rd Year MBBS team received cash prizes and medals for their excellent performance and commendable representation of the institution.

FIRST PLACE IN SOLO CLASSICAL DANCE AT TATVAM 2026

We congratulate Ms. Shruthika Durairaghavan, 3rd Year MBBS, for securing First Place in Solo Classical Dance at "Tatvam", the intercollegiate cultural fest organized by JSS Medical College on 6 June 2026. Her achievement brought laurels to AIMS and Adichunchanagiri University. We extend our best wishes for her continued success





FIRST PLACE IN SOLO CLASSICAL DANCE - SAMMSCRITHI 2026

Heartiest Congratulations to Ms. Shruthika Durairaghavan, 3rd Year MBBS, for securing First Place in Solo Classical Dance at "Sammscrithi", the Intercollegiate Cultural Fest organized by Mysore Medical College and Research Institute on 23-24 May 2026. Her excellent performance brought laurels to the institution and earned her a cash prize. The institution wishes her continued success in all future endeavours.

ACADEMIC ENRICHMENT THROUGH THALAMUS 1.0 QUIZ COMPETITION



The Ultimate Pre and Para Clinical Quiz: Two Phase III Part-I MBBS students represented AIMS at the national-level THALAMUS 1.0 quiz held at Siddaganga Medical College and Research Institute, Tumakuru, on 17 June 2026. Competing among 33 teams, they participated in quiz rounds covering major pre- and para-clinical subjects, gaining valuable academic exposure while enhancing their knowledge, analytical skills, and teamwork.



STUDENT PARTICIPATION AND POSTER PRESENTATION AT EREVNA 4.0



Balaji R, Yashas Hegde, and Shreyas Patil, Phase 2 MBBS participated in EREVNA 4.0, held at Kasturba Medical College, Mangalore, from 4-6th June 2026. They attended workshops on CT imaging and Emergency Medicine and presented posters on "Neurofibroma of the Post-Auricular Region" and "Posterior Reversible Encephalopathy Syndrome (PRES)." The conference enhanced their research & clinical, communication skills while providing valuable academic exposure.

Shreyas Patil - Attended workshops on CT Imaging and Emergency Medicine, gaining exposure to clinical practice and research.

STUDENTS WIN FIRST PLACE AT RAMAIAH MEDICAL COLLEGE



Hearty Congratulations Our Phase III Part I MBBS students –Mr. Chandan K. Reddy, Mr. Kishan Kumar Sagar, and Mr. Nimbalkar Sangram Navnath—secured First Place in the Anatomy of Murder Competition at Ramaiah Medical College, Bengaluru. Representing AIMS, they demonstrated outstanding teamwork, forensic reasoning, and problem-solving skills to emerge as champions. This achievement reflects their academic excellence and dedication.

CLINICAL RESEARCH QUIZ 2026: STUDENTS COMPETE AT NATIONAL LEVEL



Phase III MBBS students Adithya A S, Suhas S, and Rohit S of Adichunchanagiri Institute of Medical Sciences (AIMS) participated in the ICTD National Level Clinical Research Quiz 2026, conducted online by ISCR and ACCRI on 20 June 2026. Coordinated by Dr. Varsha G, Department of Community Medicine, the team qualified for the national round after securing first place in the institutional-level competition. The event provided valuable exposure to clinical research and evidence-based medicine.

PERIOPERATIVE MANAGEMENT OF A DIABETIC PATIENT WITH SEPTIC SHOCK.



During PG EXCEL 2026 (13-14 June 2026), the Department of Anaesthesiology conducted a case discussion on the perioperative management of a diabetic patient with pyocele and septic shock. The session highlighted sepsis management, anaesthetic planning, and critical care considerations. The case was presented by Dr. Thanmaya J. and Dr. Nagesh Prasad, Junior Residents (III Year),



CHAMPIONSHIP GLORY FOR AIMS AT TATVAM 2026



From 7th to 9th June 2026, the AIMS Men's Basketball Team emerged as Champions of TATVAM 2026 with an unbeaten performance among 12 participating teams. AIMS defeated Vydehi Medical College (39-20), Shivamogga Medical College (36-25), and Ramaiah Medical College (30-26) before registering a dominant 54-25 victory over host JSS Medical College in the final.

Dr. Sachin L was named MVP of the tournament, while Paul Jestin received the Best Defender award. The championship reflected the team's exceptional skill, teamwork, and determination.

Brochure Gallery

ADICHUNCHANAGIRI INSTITUTE OF MEDICAL SCIENCES
Department of Anesthesiology

Guest Lecture on LIVER TRANSPLANT AND ANAESTHESIA

Date: Saturday, 20th June 2025
Time: 10:00 AM to 12:30 PM
Venue: BGS-Global Broadcasting Center, AIMS, B.G. Nagar

All are cordially invited

ADICHUNCHANAGIRI INSTITUTE OF MEDICAL SCIENCES
Department of Microbiology

Academia-Industry Collaborative Guest Lecture On Rapid Diagnostics, Smarter Treatment: The Impact of MIC on Clinical Decision Making

Date: 16th June 2026 At 11:00 AM to 01:00 PM
Venue: BGS-Global Broadcasting Center, AIMS

All are cordially invited

ADICHUNCHANAGIRI INSTITUTE OF MEDICAL SCIENCES
ACU-Learning Resource Centre

Guest Lecture on "Intellectual Property: Protecting Innovation for Future India"

Date: 09-06-2026 Time: 2:15 pm to 3:45 pm
Venue: BGS-Global Broadcasting Center, AIMS

All are cordially invited

ADICHUNCHANAGIRI INSTITUTE OF MEDICAL SCIENCES
MEDICAL EDUCATION UNIT

INTERNSHIP ORIENTATION PROGRAMME for MBBS 2021 Batch

Date: 02nd June 2026
Time: 10:45 a.m. to 04:00 p.m.
Venue: BGS-Global Broadcasting Center, AIMS

ADICHUNCHANAGIRI INSTITUTE OF MEDICAL SCIENCES
Department of Biochemistry
Department of Community Medicine

Celebration of World Food Safety Day 2026

Theme: "From Burden to Solutions - Safe Food Everywhere"

Date: 28.06.2026 Tuesday of 6:00 AM
Venue: BGS-Global Broadcasting Center, AIMS, B.G. Nagar

All Are Cordially Invited

ADICHUNCHANAGIRI INSTITUTE OF MEDICAL SCIENCES
AIMS Cultural Committee & AIMS Kannada Society

KEMPEGOWDA JAYANTHI

Date: 07.06.2026

All are cordially invited

ADICHUNCHANAGIRI INSTITUTE OF MEDICAL SCIENCES
Department of Physiology

POSTER COMPETITION

The Occasion of CELEBRATION OF IDY 2026

on the theme "From Stress to Strength: The Transformative Power of Yoga"

Date: 18th June 2026 Time: 10 AM to 11 AM
Venue: Yoga room, Department of Physiology, AIMS

All are cordially invited

ADICHUNCHANAGIRI INSTITUTE OF MEDICAL SCIENCES
DEPARTMENT OF DERMATOLOGY

POSTER COMPETITION QUIZ COMPETITION VITILIGO AWARENESS CAMPAIGN

Date: 20 June 2026 Time: 9:00 AM to 12:00 PM
Venue: Department of Dermatology, AIMS, B.G. Nagar

All are cordially invited

ADICHUNCHANAGIRI INSTITUTE OF MEDICAL SCIENCES
Department of General Medicine

WORLD HYPERTENSION DAY - 2026

Date: 24-09-2026 Time: 10:30 AM to 12:30 PM
Venue: BGS-Global Broadcasting Center, AIMS

All are cordially invited

ADICHUNCHANAGIRI INSTITUTE OF MEDICAL SCIENCES
Department of Pharmacology

WORKSHOP ON "AN OVERVIEW OF GOOD CLINICAL PRACTICE" for 2023-24 Batch MD/MS Postgraduates

Date: 25.06.2026
Time: 8:30 AM to 1:00 PM
Venue: BGS-Global Broadcasting Center, AIMS

All Are Cordially Invited



Compiled by
IQAC Team

Umesh.R Pavithra H.S
Kishore .B Yashvanth B.R