



ADICHUNCHANAGIRI
UNIVERSITY

॥ ज्ञाने इति गुरुपदेव ॥

FACULTY OF MEDICAL & ALLIED HEALTH SCIENCES
ADICHUNCHANAGIRI INSTITUTE OF MEDICAL SCIENCES
AIMS



AIMS NEWSLETTER

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AIMS Establishment

The Adichunchanagiri Institute of Medical Sciences (AIMS) was established in 1986 under the visionary leadership of Paramapoojya Padmabhushana Dr. Sri Sri Sri Balagangadharanatha Mahaswamiji at Javarana Halli, Bellur—now popularly known as BG Nagara.

Founded with the noble vision of providing quality medical education to aspiring students, particularly from rural backgrounds, AIMS continues to uphold its legacy of excellence under the guidance of the Hon'ble Chancellor of Adichunchanagiri University, Paramapoojya Jagadguru Sri Sri Sri Dr. Nirmalanandanatha Mahaswamiji.

Empowering the next generation of medical professionals through excellence, innovation, and compassionate care.

Our commitment is to provide a comprehensive education that combines advanced technology with a nurturing learning environment. At Adichunchanagiri Institute of Medical Sciences, we are committed to providing top-tier medical education and training that combines cutting-edge technology with compassionate care. Our dedicated faculty, state-of-the-art facilities, and dynamic learning environment ensure that students receive a comprehensive and enriching education. We strive to foster a community of collaboration, critical thinking, and lifelong learning, preparing our graduates to excel in the ever-evolving field of medicine.





Foreword

Adichunchanagiri Institute of Medical Sciences (AIMS), born from the vision of His Holiness Sri Sri Sri Dr. Balagangadharanatha Mahaswamiji, has been a cornerstone of rural healthcare and medical education for four decades. Established with the mission of providing world-class medical care to underserved communities, AIMS has grown into a comprehensive institution that blends tradition with modern medical advancements. Under the dynamic guidance of His Holiness Sri Sri Sri Dr. Nirmalanandanatha Mahaswamiji, AIMS continues to shine as a beacon of medical knowledge and compassionate service.

The departments at AIMS are committed not only to academic excellence but also to innovation and research, fostering an environment that encourages inquiry and collaboration. Each department regularly publishes newsletters to document its achievements. "AIMS PANORAMA" 2025 marks our 15th annual compendium, showcasing the diverse accomplishments of our faculty and students.

This newsletter provides an insight into the extensive academic, cultural, community outreach activities at AIMS, highlighting our unwavering commitment to excellence in education and medical innovation. With research being the engine of progress, AIMS proudly remains a leader in promoting high-quality, impactful research that contributes to the advancement of medicine.

I am confident that, with the collective effort of our faculty, students, and staff, AIMS will continue to set new standards in medical education and research, elevating our institution to even greater heights.

Dr. M G Shivaramu,
Principal, AIMS
Dean, Faculty of Medical & Allied Health Sciences, ACU



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BGS 5K Walkathon

The **BGS Walk for Life – 2025** was organized on 19th September 2025 by Adichunchanagiri Hospital, Adichunchanagiri Institute of Medical Sciences (AIMS), Adichunchanagiri University (ACU) under the divine guidance and blessings of Paramapoojya Jagadguru Sri Sri Sri Dr. Nirmalanandanatha Mahaswamiji, Chancellor, ACU. The event beautifully blended spirituality, social awareness, and public health promotion, inspiring thousands to unite for the noble cause of organ donation and healthy living.

The event was blessed by the presence of His Holiness Jagadguru Sri Sri Sri Dr. Nirmalanandanatha Mahaswamiji, along with revered spiritual leaders—Swasthishree Chaarukeerthi Bhattaraka Mahaswamiji of Sri Kshetra Shravanabelagola, Paramapoojya Sri Basavamurthy Madra Channaiah Mahaswamiji of Chitradurga, Paramapoojya Shivalinga Natha Swamiji of Kabiranadha Ashrama, and Paramapoojya Sri Thadyukthanandha Swamiji, President, Ramakrishna Math, Turuvekere. Their presence added a spiritual essence to the event, emphasizing organ donation and health as acts of compassion and service to humanity.



19 September, 2025



The program was graced by several dignitaries, including Sri N. Chaluvaryaswamy, Hon'ble Minister for Agriculture, Government of Karnataka (GoK); Sri Dr. M. A. Saleem, IG DGP, GoK; Sri Dhruva Sarja, renowned cine actor; Dr. Ranganath, Dr. C. N. Balakrishna, Sri Ramesh Bandi Siddegowda, Sri Sharath Bacchegowda, Sri Prathap Simha, and senior officials including the DC, SP, and CEO of ZP, Mandya, among others. Their participation reflected the event's social significance and wide impact.

The walkathon began at AIMS Adinatha Road and concluded at the ACU Stadium, with over 12,000+ participants., including faculty, staff, students, devotees, and members of the public. The walk radiated enthusiasm, unity, and collective purpose as participants carried banners and slogans promoting organ donation, fitness, and overall well-being.



At the closing ceremony, His Holiness Dr. Nirmalanandanatha Mahaswamiji urged everyone to embrace organ donation and adopt healthy lifestyles through walking and meditation . The dignitaries commended Adichunchanagiri University's commitment to public health and social responsibility The BGS Walk for Life – 2025 stood as a landmark event that effectively raised awareness on organ donation, strengthened community engagement, and showcased ACU's dedication to holistic education, health, and compassion.



Community Outreach Activity

National Nutritional Week 2025-Health , Quiz competition



The Adichunchanagiri Institute of Medical Sciences (AIMS) celebrated National Nutrition Week 2025 from 1st to 9th September under the theme **"Eat Right for a Better Life."** The week-long celebration was organized by the Department of Community Medicine in collaboration with the AIMS NSS Unit, Sri Gurukula Higher Middle School,. Dr. Raghavendra S. K. highlighted the importance of balanced diets and the harmful effects of junk food, while interns Dr. Pavithra G. and Dr. Ruchitha M. explained the role of various food groups in maintaining health.

On 4th September, a Nutrition Quiz Competition was held for Phase III part 1 MBBS students at Lecture Hall-1 (AIMS), covering topics such as diet, micronutrients, and lifestyle diseases



Department of Biochemistry at Adichunchanagiri Institute of Medical Sciences, focusing on the importance of balanced nutrition, dietary diversity, and preventive healthcare. The celebrations concluded on 9th September at Abhyaas International School, Bommanahalli, with 125 participants. Sessions on healthy habits, vitamins, junk food effects, and interactive riddles were conducted by Dr. Asheet Kumar, Dr. Omkar, and other faculty members. The event concluded with distribution of nutritious snacks. Feedback from all participants was overwhelmingly positive, and the events collectively reached over 600 participants, successfully promoting nutrition awareness, healthy lifestyle practices, and preventive healthcare across different community settings

Swasth Nari Sashakt Parivar Abhiyan- Awareness programme

Dr. Sunil C. V., Assistant Professor, along with Dr. Sushmitha and Dr. Bharathi, Postgraduates, Department of OBG, conducted a session on Menstrual Hygiene. The session emphasized safe practices, myth-busting, use of eco-friendly products, and encouraged open discussions among participants. The key message conveyed was, "Menstrual health is not a luxury — it is a right." Dr. Raghavendra S. K., Department of Community Medicine, delivered a talk on Anaemia and Nutrition among Young Women. He highlighted the importance of anaemia prevention through a balanced diet, Iron and Folic Acid (IFA) supplementation, and healthy lifestyle habits. The key message of the session was, "Swasth Nari = Sashakt Parivar" (Healthy Woman = Empowered Family).

The programme resulted in improved knowledge among participants on nutrition, anaemia prevention, and reproductive health, creating strong awareness among young women under the theme "Healthy Woman, Empowered Family."



September, 2025

Guest Lecture on Dementia and Haematological Disorders

The Department of General Medicine, AIMS, in collaboration with Sparsh Hospital, Yeshwanthpur, Bangalore, organized a CME on 25th September 2025 at the BGS Global Broadcasting Center, AIMS, attended by 250 faculty, PG students, house surgeons, and MBBS students. The programme commenced with an invocation song, followed by formal inauguration and introduction of dignitaries, including Dr. M. G. Shivaramu (Principal, AIMS) and Dr. K. M. Shivakumar (Chief of Hospital, AH&RC). Dr. Apuroopa, Consultant Neurologist, highlighted the approach to dementia, covering clinical presentations, genetic considerations, reversible causes, radiological methods, and newer biomarkers, while Dr. Sunil Udgire, Consultant Haematologist and Pediatric Oncologist, addressed common haematological disorders through case-based discussions using engaging examples.



The CME successfully enhanced knowledge, skills, and awareness about dementia, Alzheimer's disease, and haematological disorders among faculty and students. Participants expressed positive feedback, requesting more interactive CME sessions to further update their clinical knowledge and practical skills.

Faculty Development Programme

Hands-on Workshop on Liquid Based Cytology

The Department of Pathology, AIMS, BG Nagara, in association with Hemogenomics, organized a hands-on workshop on Liquid Based Cytology (LBC) on 18th September 2025 in Demonstration Room – 1, attended by 30 faculty, postgraduate students from Pathology and OBG departments, and technical staff. The session was delivered by Ms. Shweta Singh, Product Manager, Hemogenomics, focusing on the principles, workflow, and clinical applications of LBC, with emphasis on cervical cancer screening and early detection. Ms. Singh discussed various screening methods, compared conventional Pap smears with LBC.

He explained the advantages of LBC, and demonstrated Thin Prep technology through a detailed workflow and video presentation. Pre-prepared Pap slides were shown to highlight the clarity and uniformity of LBC smears, while participants actively engaged with questions and clarifications during the interactive session.

Feedback was overwhelmingly positive, noting that the workshop enhanced understanding of LBC, improved practical skills, and motivated participants to adopt modern cytological techniques in diagnostic practice.



September, 2025

Alumni Talk

Fluorescence in situ Hybridization (FISH) and its Interpretation



The Department of Pathology, AIMS, BG Nagara, in association with the Institutional Innovation Council, organized an Alumni Talk on 17th September 2025 in Demonstration Room – 1, attended by 30 faculty, postgraduate students, and technical staff. The session was delivered by Dr. Avinash Singh, Assistant Professor, AIIMS, New Delhi, an alumnus of AIMS, BG Nagara, and focused on the principles, methodology, and clinical applications of FISH (Fluorescence In Situ Hybridization). Dr. Singh explained probe hybridization, fluorescence microscopy, and interpretation of results.

He covered FISH techniques such as metaphase FISH, interphase FISH, and spectral karyotyping. The lecture highlighted clinical applications in hematological malignancies, solid tumors, genetic disorders, and prenatal diagnosis. Advantages such as high sensitivity, specificity, and rapid turnaround were discussed, along with limitations including cost and limited genome coverage. An interactive discussion followed, with active participation from faculty and postgraduate students, effectively bridging theoretical knowledge with clinical practice and inspiring interest in advanced molecular diagnostic techniques.

Academic Beyond the Class

CME on Consumer Protection Act and POC SO

The Department of Paediatrics and Department of Forensic Medicine & Toxicology, AIMS, in association with Karnataka State Medico Legal Chapter, KIAP, organized a CME on 24th September 2025 at Lecture Hall-1, attended by 300 faculty and PG students. The dignitaries highlighting the importance of Consumer Protection Act (CPA) and POC SO Act in medical practice. The guest speakers provided an in-depth overview of legal frameworks, patient rights, documentation, and real-life case scenarios, followed by an interactive Q&A session.



The CME successfully enhanced medico-legal awareness, knowledge, and practical application among participants. Participants appreciated the programme's relevance and interactive format, recommending more CME sessions on medico-legal aspects for professional knowledge enhancement.

Faculty Awards & Achievements



Award of Excellence Presented to Dr. Narendra S BIG FM 92.7

Dr. Narendra S received the Award of Excellence on 23rd August 2025 for 1,500+ successful kidney transplants and his compassion, dedication, and leadership



Felicitations of Prof. (Dr.) Ravindra S. Pukale on Teachers' Day

On Teachers' Day, Prof. (Dr.) Ravindra S. Pukale was felicitated at Vani Vilas Hospital for his teaching and mentorship, receiving a framed memento honoring his impact on medical education.



Dr. Amita Krishnappa as Research Judge at JSS Medical College, Mysuru – 2025

Dr. Amita Krishnappa judged the Postgraduate Poster Session at JSS Medical College, guiding young researchers.



Dr. Aamer Ahmed Fairuze as Resource Faculty at CME at Chikkamagaluru Society of OBG – 2025

Dr. Aamer Ahmed Fairuze, Senior Resident, Dept. of OBG, delivered a lecture on Luteal Phase Support at a CME by Chikkamagaluru Society of OBG on 5th September 2025.

September, 2025

11th Mysore Orthopaedic Course – 2025



Dr. Mahesh DV played a pivotal role in the academic deliberations of orthopaedic cases discussion during the 11th Mysore Orthopaedic Course 2025 organized by the Department of Orthopaedics JSS medical college on 23rd & 24th August 2025.

Dr. Vijay Shankar S. as Judge at COMPOST-2025



Dr. Vijay Shankar S., Professor of Pathology, judged COMPOST-2025 Pathology Paper Presentations on 6th September 2025 at Basaveshwara Medical College & Hospital, Chitradurga, providing feedback and promoting academic learning.

Dr. Vijay Kumar K. S. as Resource Person – World Suicide Prevention Day 2025



Dr. Vijay Kumar K S delivered a talk on mental health at the Women's Government Home Science College in association with Red Cross and Rotary Club, on the occasion of World Suicide Prevention Day on 15th September 2025, promoting youth mental well-being.

Dr. Ravi K. S., Deputy Chief and HOD, participated in 42nd AOIKCON Karnataka.



Dr. Ravi K S judged the post graduate scientific presentations during the The 42nd AOIKCON Conference, conducted at MIMS Mandya from 18–21 Sept 2025

September, 2025

Student Development Programme

An Interdisciplinary Session On Eye Donation Fortnight

The Department of Ophthalmology, AIMS, BG Nagara, in association with the Karnataka Ophthalmic Society and Sri Adichunchanagiri Institute of Pharmacy, organized an interdisciplinary session on "Eye Donation Fortnight" on 17th September 2025 at Lecture Hall – 1, AIMS. The programme was conducted under the guidance of Dr. M G Shivaramu, Principal AIMS & Dean Health Sciences, and graced by Dr. Prakash Goudanavar, Dr. Aliya Nusrath, Dr. Niharika Shetty Krishna, Dr. D N Prakash, Dr. Srinivas, and faculty members of Ophthalmology and Pharmacy. The session aimed to create awareness about the importance of eye donation and corneal transplantation, dispel myths, and educate attendees on the functioning of Eye Banking in India.



Around 200 undergraduate students, 15 postgraduates, 12 staff members, and 51 pharmacy students attended and actively engaged, gaining knowledge about causes of corneal blindness, preventable conditions, and the corneal transplantation process.

The programme successfully motivated participants to pledge eyes for donation, enhanced their understanding of eye banking, and emphasized the critical role of awareness in combating blindness in India.

Cultural Extravaganza.

Yuva Sambhrama 2025

The Mysore Dussehra Subcommittee organized Yuva Sambhrama 2025 from 10th–17th September 2025 at the Open-Air Theatre, Manasagangothri, attended by over 12,000 participants. Students of 'Laasya' Bharatnatyam team AIMS, Performed a Navadurga semiclassical dance on 17th September. The performance highlighted cultural excellence and earned state-level recognition, with the organizing committee felicitating the institution with a memento.

The event provided exposure on a state platform, garnered news and media coverage, and promoted SDG Partnerships for Goals.



September, 2025

Onam Celebration – “Edh Mood, Onam Mood



The Cultural Committee of AIMS organized a vibrant Onam celebration on 18th September 2025 at the College Reception, BG Nagara, attended by Dr. M G Shivaramu, Principal, college professors, faculty members, and over 150 students. The event began with a lamp lighting ceremony and inauguration by the Principal, followed by traditional Onam Sadya, featuring a variety of Kerala delicacies. Students performed cultural dances, including Thiruvathira, and participated in traditional Onam games, showcasing Kerala's rich cultural heritage and promoting community engagement.

The celebration successfully fostered cultural awareness, diversity, and inclusivity within the college, aligning with the SDG Partnerships for Goals. The event was a memorable and enriching experience for all participants



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