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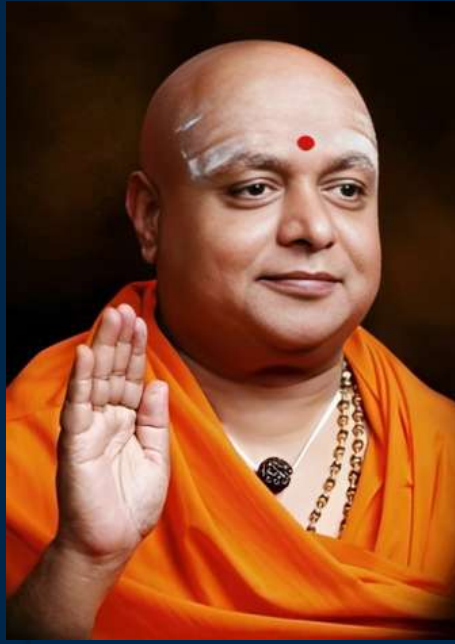
ADICHUNCHANAGIRI UNIVERSITY
FACULTY OF MEDICAL & ALLIED HEALTH SCIENCES
ADICHUNCHANAGIRI INSTITUTE OF MEDICAL SCIENCES
INTERNAL QUALITY ASSURANCE CELL- AIMS



NEWSLETTER **DARPA** AUGUST 2026

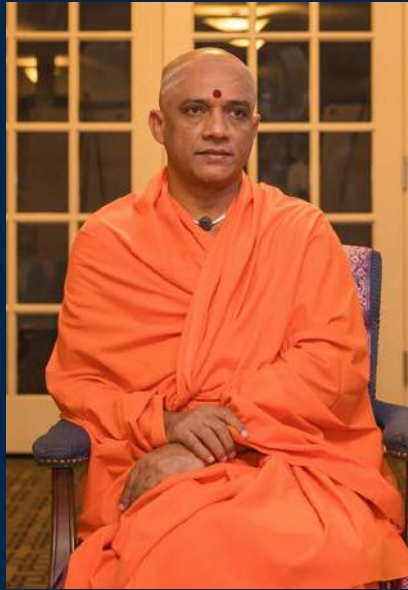


**REFLECTING THE JOURNEY OF
EXCELLENCE**



PARAMAPOOJYA JAGADGURU PADMABHUSHANA PURASKRUTHA
SRI SRI SRI DR. BALAGANGADHARANATHA MAHASWAMIJI
71st PONTIFF, SRI ADICHUNCHANAGIRI MAHASAMSTHANA MATH

"LIVE LIKE A BUTTERFLY...
TAKE THE BEST WITHOUT DESTROYING OR HURTING ANYBODY
BUT GIVING PLEASURE TO EVERYONE"



HIS HOLINESS JAGADGURU
SRI SRI SRI DR. NIRMALANANDANATHA MAHASWAMIJI
72nd PONTIFF, SRI ADICHUNCHANAGIRI MAHASAMSTHANA MATH
HONORABLE CHANCELLOR, ADICHUNCHANAGIRI UNIVERSITY

"TO BE A GREAT MEDICAL PRACTITIONER, BE A GOOD LISTENER"

AUGUST 2026

Moments That Inspire,
Achievements That Matter



DR. K. M. SHIVAKUMAR

**DEAN-CUM-PRINCIPAL,
AIMS, ACU**

It is a privilege to address the AIMS fraternity for the first time as the Dean cum Principal of Adichunchanagiri Institute of Medical Sciences. I look forward to contributing to the continued growth and excellence of our institution, building upon its strong foundation and enduring values.

Founded on the visionary ideals of His Holiness **Sri Sri Sri Dr. Balagangadharanatha Mahaswamiji**, AIMS has been a centre of medical education and healthcare for over four decades. With the benevolent guidance of Paramapoojya **His Holiness Sri Sri Sri Dr. Nirmalanandanatha Mahaswamiji**, the institution continues to advance with a strong commitment to academic excellence, research, innovation, ethical practice, and compassionate healthcare.

AIMS remains dedicated to nurturing competent, compassionate, & socially responsible healthcare professionals while embracing contemporary developments in medicine and science. At the same time, we remain firmly rooted in the values of integrity, discipline, service, and compassion. I am confident that the collective efforts of the AIMS fraternity will take our institution to greater heights and enable us to contribute meaningfully to healthcare, education, research, and society.

FROM EDITORS DESK

It gives me immense pleasure to present the **August 2026 edition** of Darpan, the AIMS Newsletter. This issue is a proud reflection of the dedication, innovation, and collaborative spirit that define our institution.

We are delighted to welcome Dr. K. M. Shivakumar as the new Dean-cum-Principal of AIMS, whose visionary leadership will continue to guide us toward greater milestones in medical education and healthcare.

This edition celebrates a series of remarkable achievements — from AIMS being honoured with the prestigious **Peacock Medical Education Excellence Award 2026**, to the vibrant IGNITRA 26 cultural programme, and the inspiring World Organ Donation Day observance. A special mention goes to our **13 MBBS students selected for the ICMR-STs 2026 programme** — a proud testament to AIMS' growing culture of undergraduate research and innovation. These milestones embody AIMS' unwavering commitment to academic excellence, research, community service, and cultural enrichment.



DR. ALIYA NUSRATH

**VICE PRINCIPAL
AIMS, ACU**



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AIMS HONoured WITH PEACOCK MEDICAL EDUCATION EXCELLENCE AWARD 2026

Adichunchanagiri Institute of Medical Sciences (AIMS), Adichunchanagiri University, has been honoured with the prestigious Peacock Medical Education Excellence Award 2026. The award was presented on 16 August 2026 in New Delhi during the National Consultation on AI Readiness for Healthcare, Medical Education, and Research, organised by the National Medical Forum. The award was graciously received by Hon'ble Vice Chancellor Dr. S. N. Sridhara. This recognition reflects AIMS and ACU's commitment to excellence in medical education, innovation, and the adoption of Artificial Intelligence in healthcare and education. Heartiest congratulations to the entire AIMS and ACU family on this remarkable achievement!



IGNITRA 26 – CELEBRATING CULTURE, TALENT & TOGETHERNESS

The IGNITRA 26 Cultural Programme for AHS and BPT students was held on 20th August 2026 at the BGS Auditorium, Adichunchanagiri University, organized by ASAHs. The programme included the welcome address by Mr. Gautham Krishna, AOT student, lamp lighting, and an inaugural address by Dr. Aliya Nusrath, Vice Principal, AIMS, who highlighted professionalism, discipline, ethical values and personal growth. An interactive faculty session helped students understand academic expectations, followed by vibrant cultural performances that promoted enthusiasm, community and belonging.



WORLD ORGAN DONATION DAY – 2026

The Department of Renal Sciences, AHRC, observed World Organ Donation Day 2026 on 14th August 2026 at the New Pharmacy, AHRC, with around 150 delegates. **Jagadguru Sri Sri Sri Dr. Nirmalanandanatha Mahaswamiji**, Chancellor, ACU, emphasised organ donation as a noble act that gives the gift of life. **Sri Sri Shambhunath Swamiji** Adichunchanagiri Hassan Branch Mutt, **Dr. S. N. Sridhara**, Vice Chancellor, ACU, **Dr. C. K. Subbaraya**, Registrar, ACU, **Dr. K. M. Shivakumar**, Principal, AIMS, and **Dr. Ravi K. S**, Chief of Hospital, along with physicians, surgeons, donors, recipients and staff, participated. Over 450 individuals registered as organ donors, with more than 45 recipients and donor families attending. The programme highlighted successful transplants supported by 40 living and 5 deceased donors, who, along with recipients, were honoured for their invaluable contribution to saving lives.



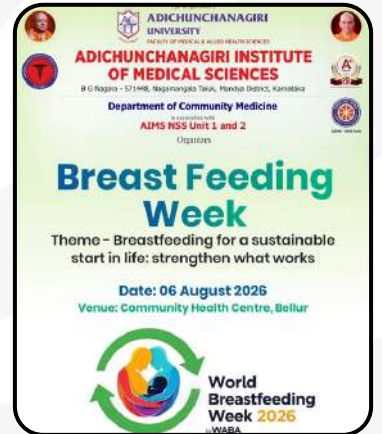
ORAL HEALTH AWARENESS AND DENTAL SCREENING PROGRAMME – ORAL HYGIENE WEEK 2026

Oral Hygiene Week 2026 was observed from 1st to 7th August 2026 by the Departments of Dentistry and Community Medicine, Adichunchanagiri Institute of Medical Sciences, in association with AIMS NSS Units 1 & 2. The programme was conducted at the Family Adoption Village, Unnat Bharat Abhiyan villages and local schools to promote oral and dental hygiene. Activities included oral health screening, awareness sessions on proper tooth brushing and preventive dental care, and distribution of toothbrushes and toothpaste to selected beneficiaries. Students and community members actively participated in the programme, which emphasized regular dental check-ups and encouraged the adoption of healthy and sustainable oral hygiene practices.



WORLD BREASTFEEDING WEEK AWARENESS PROGRAMME

The Department of Paediatrics, AIMS, BG Nagara, conducted a week-long World Breastfeeding Week 2026 awareness campaign from 1st to 7th August under the theme “Breastfeeding for a Sustainable Start in Life: Strengthen What Works.” Activities were held at AIMS Hospital, PHCs, CHCs and community healthcare facilities, reaching mothers, families, healthcare workers and the public. The campaign included awareness talks, counselling and community outreach focusing on early initiation, exclusive breastfeeding and continued breastfeeding practices. Faculty and postgraduate students actively participated, promoting breastfeeding awareness and support across the region.



AWARENESS ON CORNEAL BLINDNESS & EYE DONATION

The Department of Ophthalmology, AIMS, in association with Karnataka Ophthalmic Society and BGS Institute of Technology, conducted a sensitisation programme on 26th August 2026 at AIMS Lecture Hall for ACU engineering students. The programme was graced by Dr. Shivakumar K. M., Principal, AIMS; Dr. Tejaswi H. L., Vice Principal, AIMS; Chief Invitee Dr. B. N. Shoba; Dr. Niharika Shetty Krishna, Professor & HOD; Dr. D. N. Prakash and Dr. Srinivas, Professors, Department of Ophthalmology. Expert talks and a roleplay, “Donate Eyes, Gift Sight, Transform Lives,” highlighted eye donation, corneal blindness and transplantation, addressing common myths and promoting awareness.



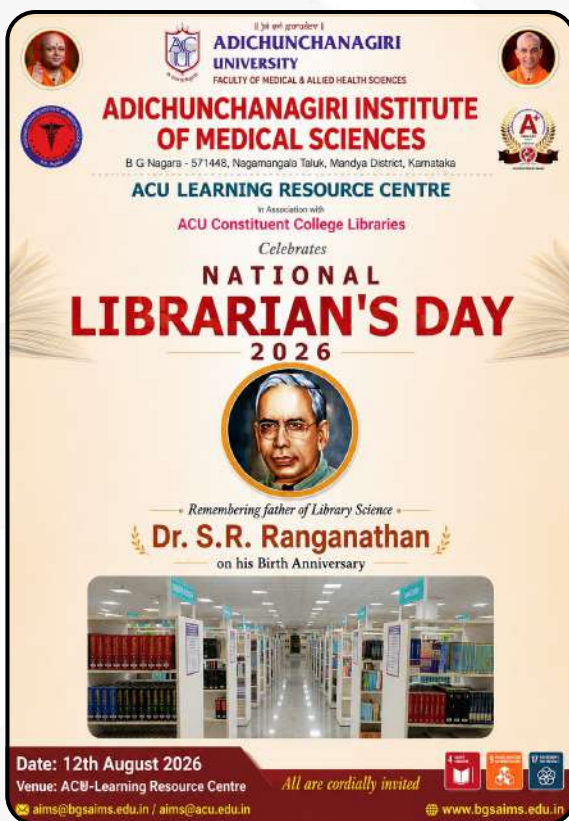
GUEST LECTURE ON AI-ENABLED ACADEMIC PRODUCTIVITY

The ACU Learning Resource Center, in association with IQAC, AIMS, ACN, BGSINS and LIS Academy, Bengaluru, organized a Guest Lecture on “AI-Enabled Tools for Academic and Research Productivity” on 27th August 2026 at BGS Global Broadcasting, AIMS. Dr. Tejaswi H. L., Vice Principal, AIMS, and Dr. Vasanthakumar M., Chief Librarian, ACU, were associated with the programme. The session featured Dr. H. S. Siddamalliah, University Librarian, RGUHS and Former Principal Library and Information Officer, NIMHANS, Bengaluru, as the resource person. The programme highlighted the effective use of AI in teaching, learning, literature search, research writing, summarization, data analysis, reference management and publishing. The speaker also emphasized academic productivity through research output, teaching and mentorship, clinical services, administration, time management, data analysis and scholarly writing. The session focused on using AI as a supportive technology to save time, improve academic quality, strengthen research practices and enhance research outcomes, while stressing the importance of ethical and responsible use of AI in academic and research activities.



NATIONAL LIBRARIANS' DAY CELEBRATION

The National Librarians' Day Celebration was held on 12th August 2026 at the ACU Learning Resource Centre, with active participation from librarians, faculty, library staff, and students. The programme began with a Pooja ceremony, followed by talks on the significance of the day and the contributions of Dr. S. R. Ranganathan, the Father of Library Science in India. Dr. K. M. Shivakumar, Principal & Dean, Health Sciences (Medical), ACU, graced the occasion and appreciated the valuable services of librarians, while Dr. M. Vasanthakumar, Chief Librarian, highlighted their role in education, research, and knowledge dissemination. Faculty and students from AIMS, BGSIT, BGSCE, and ACN actively participated, making the celebration meaningful and successful.



ADICHUNCHANAGIRI UNIVERSITY
FACULTY OF MEDICAL & ALLIED HEALTH SCIENCES

ADICHUNCHANAGIRI INSTITUTE OF MEDICAL SCIENCES
B.G. Nagara - 571448, Nagamangala Taluk, Mandya District, Karnataka

ACU LEARNING RESOURCE CENTRE
In Association with
ACU Constituent College Libraries

Celebrates
NATIONAL LIBRARIAN'S DAY 2026

Remembering Father of Library Science
Dr. S.R. Ranganathan
on his Birth Anniversary

Date: 12th August 2026
Venue: ACU-Learning Resource Centre
All are cordially invited
aims@bgsaims.edu.in / aims@acu.edu.in
www.bgsaims.edu.in



STUDENT AWARENESS PROGRAMME ON SUBSTANCE USE & EMOTIONAL WELL-BEING

Adichunchanagiri Institute of Medical Sciences, B.G. Nagara, in association with the Department of Clinical Psychology, AHRC, conducted a Student Education Programme on Substance Use, Relationships, Emotions & Academics at Government High School, Kembare, Nagamangala Taluk, on 31st August 2026. Dr. Vijay Kumar K.S., Associate Professor, and Mr. Preetham, Clinical Psychologist, served as resource persons. The programme sensitised students to the harmful effects of substance use, peer pressure, healthy relationships, communication, personal boundaries and emotional well-being. Students actively participated in the interactive sessions, which concluded with a vote of thanks to the school administration, teachers and students for their support and cooperation.



KRIMI MUKT BHARAT – NATIONAL DEWORMING DAY

National Deworming Day 2026 was organized by the Department of Community Medicine, AIMS NSS Units 1 & 2, in association with Community Health Centre, Bellur, on 10 August 2026 at the School of FAP and UBA villages under the theme “Krimi Mukh Bharat” (Worm-Free India). The programme involved 80 participants, including faculty, postgraduate students, interns, students and teachers. Awareness was created on worm infections, personal hygiene, sanitation and regular deworming, followed by Albendazole distribution to eligible beneficiaries. The programme promoted preventive practices, health awareness and community participation towards a worm-free environment.



“AIMS SHINES AT THE TEACHERS’ DAY & NATIONAL SPORTS DAY SPORTS MEET 2026”

Teachers’ Day & National Sports Day Sports Meet 2026: The Sports Meet was held from 28–29 August 2026 at the ACU Stadium, B.G. Nagara, with over 300 students and staff from various institutions. The event promoted physical fitness, sportsmanship, teamwork, leadership, and holistic development through inter-institutional competition. It was inaugurated by Dr. S. N. Sridhara, Vice Chancellor, ACU, along with other dignitaries and members of the ACU Sports Committee. AIMS achieved notable success, with the Men’s Staff Volleyball Team securing 1st place, Dr. Tejaswi Pruthviraj H. K. and Dr. Tejas securing 1st place in Staff Badminton, and the AIMS Women’s Throw Ball Team finishing as Runner-up. AIMS, ACU congratulates all participants on their outstanding achievements and sporting spirit.



ICMR-STS 2026: A PROUD ACHIEVEMENT AT AIMS

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ADICHUNCHANAGIRI UNIVERSITY
Faculty of Medical & Allied Health Sciences
ADICHUNCHANAGIRI INSTITUTE OF MEDICAL SCIENCES
B.O. Nagara - 571448, Hegangurapalle Tq, Mandya Dist., Karnataka

Congratulations
on the successful selection for

ICMR-STS 2026

 STUDENT NEHA KARTAL Phase I MBBS 2023-26	 STUDENT ANIKETH SINGH Phase I MBBS 2023-26	 STUDENT GANGUL ANIL KUMAR KADAM Phase I MBBS 2023-26	 STUDENT DIHANATHA S. M Phase I MBBS 2026-30	 STUDENT DANESH Phase I MBBS 2023-26	 STUDENT LEKHANA K GONDA Phase I MBBS 2023-26	 STUDENT VARSHINI D Phase I MBBS 2023-26	 STUDENT PEDDINTI SEETAM Phase I MBBS 2024-28	 STUDENT ATK GIL ZAR ATTAR Phase I MBBS 2023-25
 GUARD DR. TEJASWI H.L Associate Professor Professor & Head, Anatomy	 GUARD DR. RAVI K S Chief of Hospital, AIA & IC Professor & Head, ENT	 GUARD DR. SHASHI DEBAN M Professor, Community Medicine	 GUARD DR. NAMITHA D Professor, Biochemistry	 GUARD DR. KARTHIK RILAKKANI Associate Professor, Physiology	 GUARD DR. NAVJIT RILAKKANI Associate Professor, Anatomy	 GUARD DR. VARSHA, G Associate Professor, Community Medicine	 GUARD DR. SUDH PAVAN Associate Professor, Microbiology	 GUARD DR. ROHINI D URS Associate Professor, ENT
 STUDENT S. THAMASHREE Phase II MBBS 2024-25	 GUARD DR. MADHURA M. M Associate Professor, Community Medicine	 STUDENT SOMESH H P Phase II MBBS 2024-25	 GUARD DR. RAVI MUDUGURU Associate Professor, Pharmacology	 STUDENT RIJATH, K Phase II MBBS 2024-25	 GUARD DR. KANINDA S. TILAKALE Associate Professor, Chemistry and Pharmacology	 STUDENT BADDETI SOMANATH REDDY Phase II MBBS 2024-25	 GUARD DR. SHASHANK B H Associate Professor, Radiology	

With the divine blessings of Paramapooja Jagadguru Sri Sri Dr. Nirmalanandanatha Swamiji, Honourable Chancellor, Adichunchanagiri University, AIMS proudly congratulates 13 MBBS students selected for the ICMR-STS 2026 programme. The students are undertaking research projects in diverse areas including community health, cognition, maternal and neonatal outcomes, antimicrobial resistance, stroke-related hearing loss, and vaccine acceptability under the guidance of faculty mentors. This achievement reflects AIMS' growing culture of undergraduate research and innovation. Congratulations to all the students and their faculty guides! Your dedication. Your curiosity. Your impact.

HEALTHY SCHOOL, HEALTHY COMMUNITY: HEALTH CHECKUP PROGRAMME

A Health Checkup Programme was conducted at Bakthanatha School, B.G. Nagara, on 18 August 2026, benefiting 100 participants, in association with NSS Units 1 & 2, Community Health Centre, Bellur, and the Department of Community Medicine. The programme included basic health screening and health education on personal hygiene, nutrition, healthy lifestyle, prevention of common illnesses, and timely medical consultation. Participants requiring further evaluation were advised appropriate follow-up or referral. The programme concluded with an awareness message emphasizing preventive health care and regular health check-ups.



AIMS FACULTY HIGHLIGHTS

TELEANAESTHESIA AT ISACON 2026

Dr. Prashanth G. Raj, Associate Professor, Department of Anaesthesiology, AIMS, participated as a faculty speaker at ISACON 2026, the 40th State-Level Conference of the Indian Society of Anaesthesiologists, Karnataka State & Bengaluru Metro Branch, held from 6–9 August 2026 at St. John's National Academy of Health Sciences, Bengaluru, with over 1,500 participants. He delivered a talk on “Teleanaesthesia – Enhancing Access,” highlighting innovative approaches to improving access, safety, and quality in anaesthesia care.



FACULTY PARTICIPATION IN ISACON KARNATAKA 2026



Dr. Manjula R, Professor and Head, Department of Anaesthesiology, participated as a faculty speaker at ISACON Karnataka 2026, the 40th Annual Conference of the Indian Society of Anaesthesiologists, held from 7–9 August 2026 at St. John's Medical College, Bengaluru, with around 1,500 participants. She delivered a special talk on “Dialysis Dynamics: Understanding the Art of Renal Support and Its Implications,” covering renal replacement therapy, dialysis modalities, and perioperative anaesthetic management. The session provided valuable clinical insights and enhanced understanding of renal support and patient safety.

MEDICAL EDUCATION ADVANCEMENT PROGRAMME

Dr. Divyashree, Associate Professor, Department of Physiology, AIMS, participated in the NMC-mandated Advanced Course in Medical Education held from 17–21 August 2026 at St. John's Medical College, Bengaluru. The five-day programme covered curriculum development, innovative teaching methods, advanced assessment, leadership, digital education, and medical education research, enhancing faculty skills in modern medical education.





FACULTY MILESTONES & ACHIEVEMENTS



AIMS ACHIEVES BADMINTON TOURNAMENT SUCCESS

AIMS congratulates Dr. Tejaswi Prithviraj H K, Assistant Professor and In-charge Head, Department of Psychiatry, for securing Runners-up in the Men's Open Doubles category at the Karnataka State IMA Badminton Tournament, held at the Karnataka Badminton Association, Bengaluru, on 22–23 August 2026. The tournament witnessed enthusiastic participation from around 250 doctors across Karnataka. This achievement reflects AIMS' commitment to promoting Good Health and Well-being and Gender Equality, in alignment with the Sustainable Development Goals (SDGs).



AIMS PAEDIATRICS FACULTY HONoured AT KAVERI PEDICON 2026

Dr. Nandhakumar V, Associate Professor, Department of Paediatrics, AIMS, participated as an invited speaker at the Kaveri Pedicon 2026 Conference, held on 8–9 August 2026 at MIMS, Mandya, organised by IAP Mandya with AIMS as the co-host institution. He delivered an engaging talk titled “Paediatric Leg Pain”, highlighting clinical assessment, recognition of warning signs, and appropriate investigations and referrals. The session was appreciated for its practical relevance to paediatric care. He also represented the AIMS Paediatrics team in the conference cricket match, promoting camaraderie and sportsmanship. He was felicitated by the organisers for his valuable contribution.



BREASTFEEDING AWARENESS INITIATIVE – 2026

Dr. Nandhakumar V, Associate Professor, Department of Paediatrics, AIMS, served as the Resource Person at the World Breastfeeding Week 2026 awareness programme held on 6 August 2026 at the Health and Wellness Centre, Brahmadevarahalli. He delivered an informative session for mothers and ASHA workers on the importance of exclusive breastfeeding, correct breastfeeding practices, and common challenges. Around 100 participants attended the programme, and his valuable contribution was recognised with a Certificate of Appreciation.



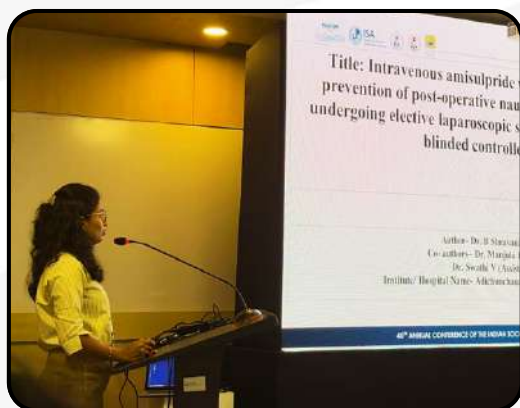
KMC OBSERVER APPOINTMENT AND FELICITATION

Dr. Rakshitha H. B., Professor, Department of Pathology, Adichunchanagiri Institute of Medical Sciences, Adichunchanagiri University, B.G. Nagara, Mandya, served as the KMC Observer at the Prof. Dr. S. N. Kaulgud Memorial CME organized by MOGS on 08 August 2026 at Hotel Radisson Blu Plaza, Mysore. The programme included postgraduate case presentations and academic sessions on key OBGYN topics by eminent faculty. She successfully carried out her observer duties, and the CME was conducted smoothly. Two KMC Credit Points were awarded to participants, and Dr. Rakshitha H. B. was felicitated by MOGS for her contribution.



STUDENT'S ACHIEVEMENTS

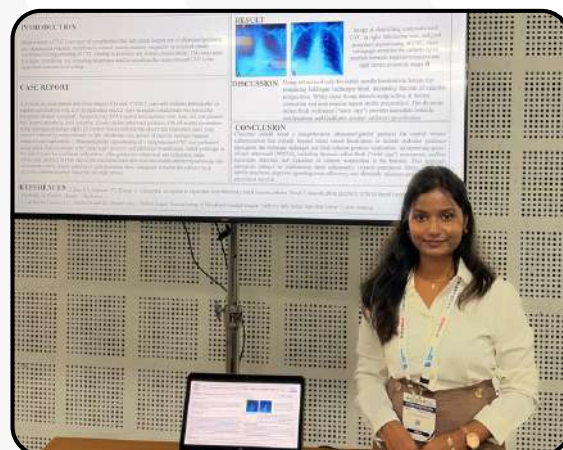
ISACON 2026 – 3RD PRIZE IN BEST PAPER PRESENTATION



Dr. Shrivani, Postgraduate, Department of Anaesthesiology, AIMS, participated in ISACON 2026, the 40th State Conference of the Indian Society of Anaesthesiologists, Karnataka State & Bengaluru Metro Branch, held from 6–9 August 2026 at St. John's National Academy of Health Sciences, Bengaluru. The conference attracted over 1,500 delegates and faculty. Among nearly 500 postgraduate abstracts, her presentation was selected among the Top 10 for the BLDE's Best Paper Presentation Award and secured the 3rd Prize, recognising academic excellence and innovation in anaesthesiology.

E-POSTER CASE REPORT SELECTED AS AWARD FINALIST

Dr. Bindushree M. B., 2nd Year Postgraduate Resident, Department of Anaesthesiology, AIMS, was selected as a finalist for the Best E-Poster Case Report Award at ISACON Karnataka 2026, held from 7–9 August 2026 at St. John's Medical College, Bengaluru, with around 1,500 participants. She presented an e-poster on CVC malposition, highlighting ultrasound-guided detection and correction.

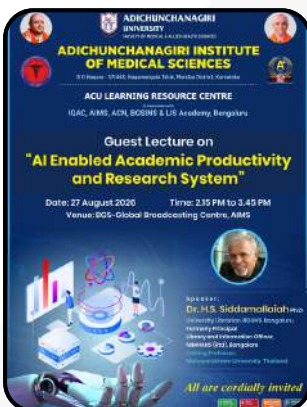
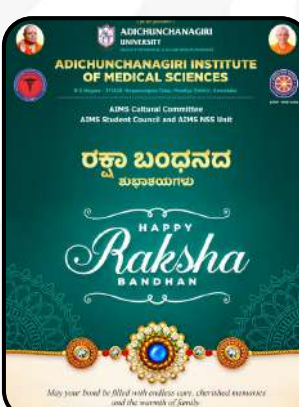
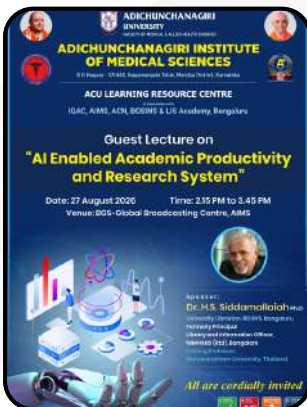
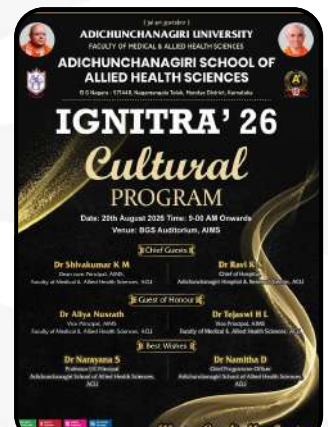
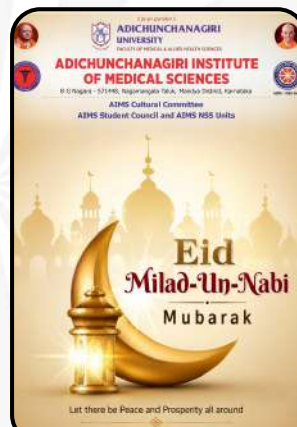
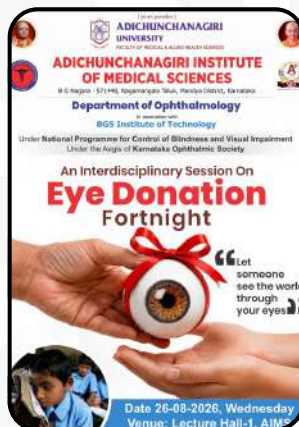
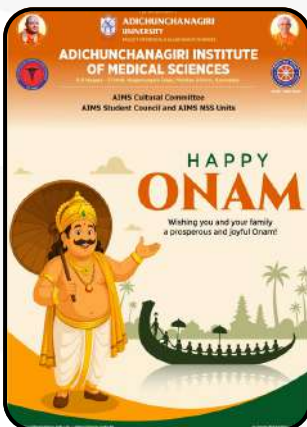


AIMS PSYCHIATRY POSTGRADUATES WIN OPEN QUIZ AT EEG CME WORKSHOP 2026



EEG – Basics to Bedside: CME Workshop 2026: Dr. Alvarene Kharpuria, Dr. Jyothishree M and Dr. Esha M. Nobbay, Postgraduate Residents, Department of Psychiatry, AIMS, participated in the State-Level CME Workshop held on 20 August 2026 at BGS MCH, Bengaluru, organized by the Departments of Psychiatry and Neurology, Adichunchanagiri University, in association with the Indian Psychiatric Society – Karnataka Chapter. The workshop highlighted the clinical application of EEG in neurological and psychiatric practice. The residents participated in the open quiz and won the competition, earning appreciation for their achievement.

Events Captured in Brochures



Compiled by
Umesh.R Pavithra H.S
Kishore .B
Yashvanth B.R